

Today's agenda

- What is Medicare?
- Your Medicare plan choices
- When you can enroll
- Medicare Advantage plans
- Medicare prescription drug coverage
- What you can expect from Aetna Medicare plans
- How to enroll

Go through agenda.

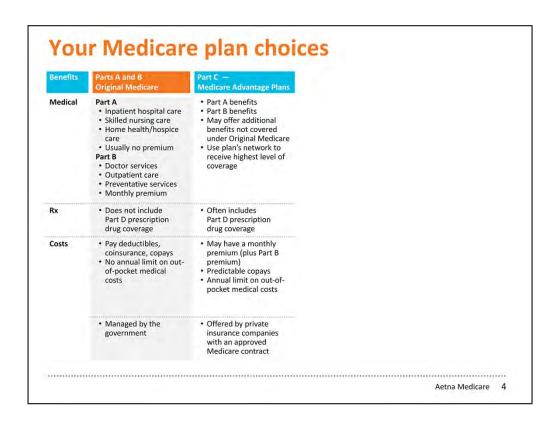
What is Medicare?

- The nation's largest insurance program (also known as Original Medicare)
- Managed by the federal government
- Covers more than 45 million people nationwide
- Available to those ages 65 and over
- Available to those under 65 with certain disabilities
 - You automatically get Original Medicare after you get certain disability benefits from Social Security or the Railroad Retirement Board (RRB) for 24 months



Aetna Medicare 3

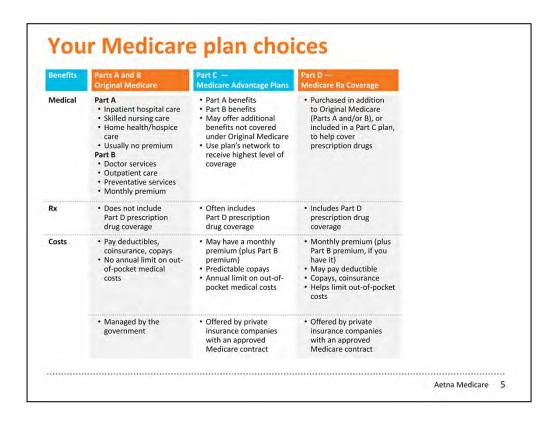
Original Medicare is a federal health insurance program for people 65 years of age or older and certain people with disabilities.



Part A (Hospital Insurance) helps cover the services described on the slide. Most people qualify for "premium-free" Part A automatically (since Medicare taxes were paid while working). If you aren't eligible for premium-free Part A, you may be able to buy Part A. If you choose to buy Part A, you generally must also have Part B and may pay monthly premiums for both. If you have limited income and resources, your state may help you pay for Part A and/or Part B.

Part B (Medical Insurance) helps cover the medically-necessary services described on the slide. Requires payment of a standard monthly Part B premium. If a higher Part B premium is required based on your income, you will be notified by Social Security. Some people qualify automatically for Part B. If you do not sign up for Part B when you are first eligible, you may have to pay a late enrollment penalty.

Part C (Medicare Advantage plans) is offered by private insurance companies with an approved Medicare contract. These companies must follow rules set by Medicare, and Medicare pays them a fixed amount to cover your benefits every month. Plans must include coverage for Part A and Part B covered services. Some may also include Part D prescription drug coverage, plus coverage for other services not covered by Original Medicare. Plans may include a monthly premium that must be paid in addition to the monthly Part B premium and, if applicable, Part A premium. You must have Medicare Part A and be enrolled in Part B to be eligible.

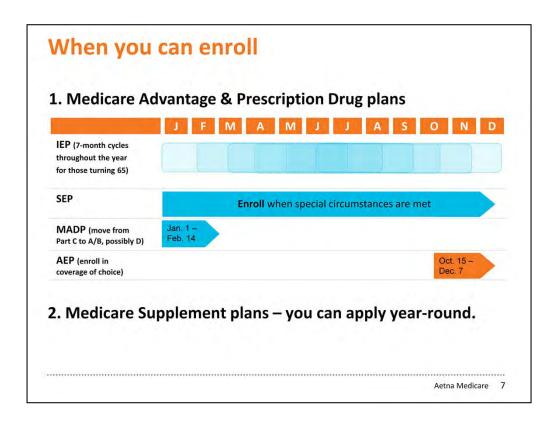


Part D (Medicare prescription drug coverage) is offered by private insurance companies with an approved Medicare contract. Plans vary in costs and drugs covered, and are offered as either a stand-alone Medicare Prescription Drug Plan, or as part of a Medicare Advantage plan (Part C). You may have a monthly plan premium in addition to the monthly Part B premium, and, if applicable, the Part A premium. You must have Medicare Part A and/or Part B to be eligible.

Please note, If you decide not to join a Part D plan when you are first eligible, and you do not have prescription drug coverage equal to what we will cover on slide #12, you may have to pay a late enrollment penalty. Right now, the penalty amount is 1% of the "national base beneficiary premium" (\$31.08 in 2012). This amount is multiplied by the number of full months you delay coverage, and added to your monthly Part D premium. For example, if you delay enrollment for three years (36 months), you'll be charged a monthly penalty of \$11.19 (\$31.08 x .01 = \$.3108 x 36 = \$11.19). This penalty is in addition to your plan's monthly premium. And you may have to pay it for as long as you have Medicare prescription drug coverage.

Benefits	Parts A and B Original Medicare	Part C — Medicare Advantage Plans	Part D — Medicare Rx Coverage	Medigap — Medicare Supplement Plans
Medical	Part A Inpatient hospital care Skilled nursing care Home health/hospice care Usually no premium Part B Doctor services Outpatient care Preventative services Monthly premium	Part A benefits Part B benefits May offer additional benefits not covered under Original Medicare Use plan's network to receive highest level of coverage	Purchased in addition to Original Medicare (Parts A and/or B), or included in a Part C plan, to help cover prescription drugs	Supplements Parts A and B benefits Helps cover deductibles and coinsurance Covers visits to any provider that accepts Medicare Moves with you as long as premiums are paid
Rx	Does not include Part D prescription drug coverage	Often includes Part D prescription drug coverage	 Includes Part D prescription drug coverage 	Does not include Part D prescription drug coverage
Costs	Pay deductibles, coinsurance, copays No annual limit on out- of-pocket medical costs	May have a monthly premium (plus Part B premium) Predictable copays Annual limit on out-of- pocket medical costs	Monthly premium (plus Part B premium, if you have it) May pay deductible Copays, coinsurance Helps limit out-of-pocket costs	Monthly premium (plus Part B premium) May pay deductible Coinsurance Help limit out-of-pocket costs Buy Part D coverage separately
	Managed by the government	Offered by private insurance companies with an approved Medicare contract	Offered by private insurance companies with an approved Medicare contract	State regulated Offered by private insurance companies

Medicare Supplement plans (also known as Medigap) are plans that help provide coverage for health care expenses not covered by Original Medicare, such as deductibles and coinsurance. These plans are offered by public or private organizations and are regulated by state law. They do not have a contract with the federal government. Plan options may vary by state, and you must have Medicare Parts A and B to be eligible.



Review slide and extra detail below. Explain where this information, and how to disenroll, can be located in plan materials.

Initial Election Period (IEP)

- Includes the 3 months before, the month of, and the 3 months after your 65th birth month
- · Can enroll in Medicare plan of choice
- If not enrolled during IEP, could pay government penalty and may have to wait several months to enroll
- If someone works past the age of 65, IEP starts when they retire

Special Election Period (SEP)

Begins when special exceptions to other election periods are met, such as losing employer coverage or moving to a new service area. Depending on the exception you meet, you may:

- Disenroll from an MA plan and return to Original Medicare
- Switch from Original Medicare to join an MA plan
- Switch from an MA plan to join another MA plan

Medicare Advantage Disenrollment Period (MADP), January 1 – February 14

Can: Disenroll from an MA plan and return to Original Medicare

Disenroll from an MA-PD plan, return to Original Medicare and, if desired, Enroll in a

stand-alone PDP

Cannot: Disenroll from an MA plan to join another MA plan

Switch from Original Medicare to join an MA plan

Annual Election Period (AEP), October 15 - December 7

Can enroll in Medicare plan of choice and new plan benefits start January 1

Medicare Advantage plans

I'm now going to explain the highlights of Medicare Advantage plans.

Medicare Advantage plans

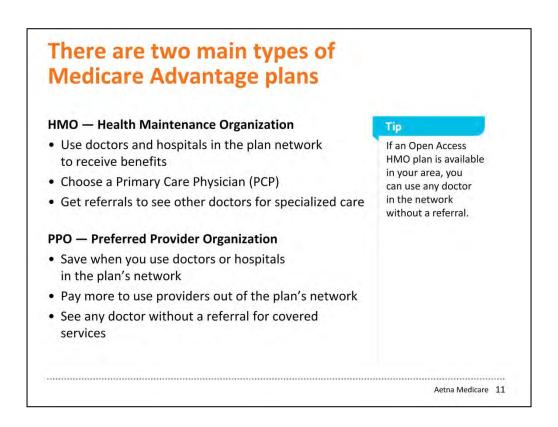
- Keep Original Medicare benefits, and get extra benefits, all managed under one plan
- Pay low or no monthly plan premiums (depending on the plan you choose)
- Enroll without a physical your health history is not reviewed
- **Travel anywhere** you're covered for medical emergencies worldwide
- Budget your annual expenses there's a yearly cap on what you pay out of pocket
- Get prescription drug coverage included with most plans

Aetna Medicare 9

iviedic	are Advantage plans
	, you'll also get, at no extra cost: Thip at a participating gym of your choice Thinks kit
Ti-	
Tip	
You must ha	eve Original Medicare (Parts A and B), and live in the plan's service area, to must also continue to pay your Part B premium. Exceptions may apply if you nent kidney failure (also called End-Stage Renal Disease (ESRD)).

Let attendees know that, if they have permanent kidney failure, also called End-Stage Renal Disease (ESRD), they can only enroll in certain situations, like:

- If they had a successful kidney transplant
- If they have an employer or union health plan, or other health coverage through a company that offers Medicare Advantage plans
 - In this case, they may be able to join one of their company's Medicare Advantage plans



HMOs

- Require PCP selection and referrals for covered services
- Require use of network providers for all covered services <u>except</u> urgent and Emergency care
- May require prior authorization (for some services)

Open Access HMOs

Similar to HMOs, but with no referrals required to visit network doctors or hospitals

PPOs

- Allow you to go in or out of network with <u>no referrals</u> for covered services
- Out-of-network services often have a deductible and a higher copayment or coinsurance

All Medicare Advantage Plans

- Include a Maximum Out-of-Pocket (MOOP) limit
- Once MOOP is met, the plan pays 100% for covered medical services

To find doctors who participate in the Aetna Medicare network:

- Visit www.aetnamedicare.com/member
- Log into Aetna Navigator
- Select DocFind

Medicare prescription drug coverage

I'm now going to explain the highlights of Medicare prescription drug coverage.



If you choose a Medicare Advantage plan with prescription drug coverage, or a stand-alone Medicare Prescription Drug Plan, this slide shows what you can expect to pay at the pharmacy.

You must use network pharmacies to get your prescription drug benefit, except under non-routine circumstances, and **quantity limits** and restrictions, such as **prior authorization** and **step therapy**, may apply.

Define these terms:

Prior Authorization:

For certain drugs, you or your doctor need to get approval from the plan before the drug
will be covered. This is called "prior authorization." Sometimes the requirement for
getting approval in advance helps guide appropriate use of certain drugs. If you do not
get this approval, your drug might not be covered by the plan.

Quantity Limits:

- Certain medications may only be covered up to a certain quantity
- Additional amounts beyond doses recommended by the Food and Drug Administration (FDA) require your doctor to obtain prior authorization from the insurer

Step Therapy:

- With certain prescribed drugs, you may be required to first try certain drugs to treat a medical condition before the originally prescribed medication will be covered
- If it is medically necessary for you to use the originally prescribed medication immediately, the treating doctor can request an exception

To learn more about these programs, please refer to the partial formulary in your enrollment kit, or view the complete formulary at **www.aetnamedicare.com/formulary**.

Name	Deductible	Highlights	Where
Aetna CVS/pharmacy Prescription Drug Plan (PDP)	\$325	S28 -\$32.50 monthly plan premium Fill prescriptions at a CVS pharmacy for the greatest savings Get an ExtraCare® Health Card for 20% off non-prescription CVS brand health items over \$1	All states except AK, AR, CO, ID, OR, UT and WA
Aetna Medicare Rx® Premier Plan (PDP)	\$0	\$86.20 - \$122.40 monthly premium Coverage for all generic benzodiazepines and barbiturates More coverage in the gap for most drugs	All 50 states (including DC) <u>except</u> Hawaii
oth plans let you: Save with copays of \$7 Save on the prescription	on drugs Medica	re members use most	
Shop at more than 65,	000 network pha	armacies nationwide, or through mail order	

I'm now going to explain the Medicare Prescription Drug Plans available from Aetna. These plans help cover your prescription drug costs only. They **cannot** be paired with a Medicare Advantage plan. They **can** be paired with Original Medicare alone, or Original Medicare plus a Medicare Supplement plan. Review slide.

You must use network pharmacies to get your prescription drug benefit, except under non-routine circumstances, and quantity limits and restrictions may apply.

To save the most with the Aetna CVS/pharmacy plan, you must fill your prescriptions at a CVS pharmacy (or Longs Drugs pharmacies in Hawaii).

To find out if your drugs are covered, refer to the partial formulary in your enrollment kit. Or visit **www.aetnamedicare.com/formulary** for a complete list of covered drugs.

To locate pharmacies in the Aetna Medicare network, visit www.aetnamedicare.com:

- Click the "Easy Answers" box near the top right of the screen
- Select "Find pharmacies"

To find more information about our Transition of Care policy for Part D prescription drugs, refer to the partial formulary in your enrollment kit.

- 1. The government offers Extra Help with prescription drug premiums and costs for those who qualify.
- 2. To learn more, they can call Medicare 24 hours a day, 7 days a week: **1-800-MEDICARE** (1-800-633-4227) (TTY: 1-877-486-2048).

Now let's look at the enrollment kit

Specific Aetna Medicare plans and benefits available in your area

Benefits-at-a-Glance

You can also find Aetna plan ratings, and learn about our FREE interpreter services, in your enrollment kit.

Additional Resources

Visit:

www.aetna.com/docfind

to see if your doctors, hospital and pharmacy are part of the Aetna Medicare network

www.aetnamedicare.com/formulary

to see if your prescription drugs are covered

www.aetnamedicare.com

and enter your zip code, to:

- Do a side-by-side comparison of plans in your area
- See how much you can expect to pay for prescription drugs with each plan

Aetna Medicare 16

What you can expect as a member of an Aetna Medicare Advantage plan

Now we are going to talk about what you can expect as a member of an Aetna Medicare Advantage plan.



Aetna offers a number of benefits and wellness programs to help support your well-being, all at no extra charge. They include...

Aetna Medicare 18

Go through bullets listed above.

Manage your health

Annual preventive reminders

For vaccines, screenings, etc.

Women's health reminders

Cervical and breast cancer screening reminders

Numbers to Know®

Booklet and wallet card to help you manage your blood pressure and cholesterol



Aetna Medicare 19

Manage your health

Aetna Mobile app

• Our Smartphone application helps you manage your health on the go

Informed Health Line®

 Get 24-hour access to a registered nurse, who can offer information on thousands of health topics



Aetna Medicare 20

Manage your health

Online Personal Health Record

- Organizes your Aetna medical history for you and lets you easily add health information, like family health history
- Tracks your office visits, prescriptions and medical conditions

Aetna Navigator® a secure member website that lets you do things, like:

- Request new member ID cards
- Review claims listing
- Find a network doctor, hospital or pharmacy

Aetna Medicare 21

Get support from nurse case managers

Aetna Case Managers

are registered nurses who:

- Are specially trained to recognize your unique needs
- Call you and your doctors, when needed, to help coordinate your care



Aetna Medicare 22

Elaborate a little on the information in the slide.

- Aetna keeps track of the diagnoses and treatments you receive and, when needed, a registered nurse will call you and your doctor to help coordinate the services covered under your plan
- Our nurse case managers also get special training to understand the unique needs of people in the Medicare program
- They work with you, your doctor and a team of experts to help you develop a care plan especially for you
- Like member services, they are your advocate, helping you to understand both your Aetna and your Medicare benefits, and how you can use them

Refer attendees to the <u>Aetna Extras Brochure</u> to see the list of conditions that will qualify them for this program.

Get help with health conditions like diabetes

Choose from a wide range of free materials and resources to help you live better with diabetes, heart conditions, asthma, arthritis and other conditions

Get help from a registered nurse "health coach," depending on your condition, by the method you prefer:

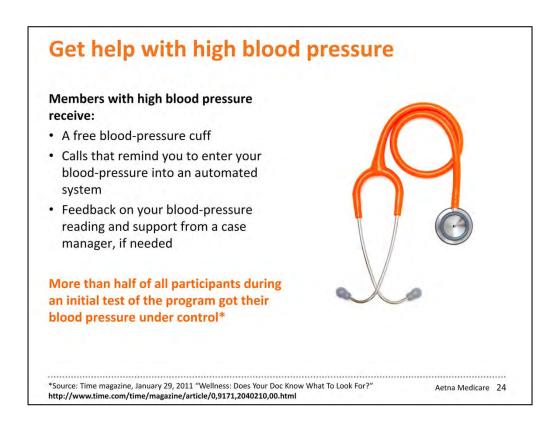
- Mail
- Phone
- · E-mail



Aetna Medicare 23

Elaborate a little on the information in the slide.

- The above only shows some of the most common health conditions. Refer to the **Aetna Extras Brochure** to see a full list of conditions this program supports.
- The nurses educate people about their condition, how to cope and provide educational materials



Talk through the bullets on the slide, bring up the article, and offer to provide the link after the meeting.

This program is offered to all members diagnosed with high blood pressure. Once enrolled, members get a free blood pressure cuff, and when members check their blood pressure, the result is entered into an automated system. Members then get feedback to help them manage their condition. Sometimes a case manager may offer additional support, too.

Get help in the advanced stage of an illness

Get support for you, or a member of your family, including:

Help from nurses who:

- Are specially trained to coordinate care
- Help you manage your benefits
- Help identify helpful resources

A website that can give you:

- Information about living wills
- Tips for discussing care and treatment options with loved ones



Aetna Medicare 25

This is a topic that can be hard to talk about. But we want you to know that Aetna does offer support for you and your loved ones in the advanced stages of an illness.

Talk through the bullets on the slide.

Save with discounts on items and services

Such as:

- Routine eye exams and select items and services
- Hearing aids and comprehensive hearing tests
- Acupuncture, chiropractic care and massage therapy
- Some of today's most popular weight-loss programs, meal plans and products
- Books and other items from select bookstores
- · Blood pressure monitors
- Customized sleep improvement program



Aetna Medicare 26

Explain that these are extra discounts that Aetna provides to its members. These are not plan benefits.

Enrollment is as easy as 1-2-3

Step 1

Review your enrollment kit and select the plan that's right for you.

Step 2

Complete the enrollment form.

Step 3

Hand in your enrollment form today or mail your completed form to Aetna. You can also enroll online at www.aetnamedicare.com or www.medicare.gov. You'll receive a welcome packet and ID card in the mail.



Aetna Medicare 27

Take people through enrollment steps. Remind them where they can find Aetna's plan ratings, and information about Aetna's free interpreter services (the multi-language insert), in the enrollment kit.

Be sure to fill out your enrollment form completely. An incomplete form could delay your enrollment date.

If you're ready, you can hand in your enrollment form today, or you can mail it to Aetna.

You can also enroll online at www.aetnamedicare.com or www.medicare.gov.

And don't forget about these election periods:

- Annual Election Period (AEP) October 15 to December 7
 - Can enroll in Medicare plan of choice and new plan benefits will start January 1
- Initial Election Period (IEP) 7-month period surrounding your 65th birthday
 - Can enroll in Medicare plan of choice
 - If not enrolled during IEP, could pay government penalty and may have to wait several months to enroll
 - If you work past the age of 65, IEP starts when you retire

What you can expect from an Aetna Medicare Advantage Plan

- Simple sign up
- People working with you for your health and well-being
- A complimentary health assessment by phone after you enroll
- A call from an Aetna Nurse
 Case Manager if we see that
 you have, or are at risk for, certain
 conditions



Aetna Medicare 28

Take people through bullets on the slide.

What you can expect from Aetna

Experience:

- In business for more than 150 years
- Paid the first Medicare claim in 1966
- Covers more than
 36 million members nationwide



Aetna Inc. 29

Take people through bullets on the slide.

Thank you



Thank you for attending today's presentation.

Explain that you'll be available after the meeting to assist with questions.

Additional Information

Plans are offered by Aetna Health Inc., Aetna Health of California Inc. and/or Aetna Life Insurance Company (Aetna).

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Other plans may be available in the service area.

You must use plan providers except in emergency or urgent care situations or for out-of-area renal dialysis. or other services.

If you obtain routine care from out-of-network providers neither Medicare nor Aetna Medicare will be responsible for the costs.

Members may enroll in the plan only during specific times of the year. Contact Aetna Medicare for more information.

This information is available for free in other languages. Please contact our customer service number at 1-800-282-5366 (TTY/TDD:711) for additional information. Hours of operation: 7 days per week, 8 a.m. to 8 p.m.

Esta información está disponible en otros idiomas de manera gratuita. Si desea más información, comuníquese con Servicios al Cliente al 1-800-282-5366 (TTY/TDD: 711). Horario de atención: los 7 días de la semana, de 8 a.m. a 8 p.m.

 $Discount programs \ provide \ access \ to \ discounted \ prices \ and \ are \ NOT \ insured \ benefits. \ The \ member \ is \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ the \ full \ cost \ of \ responsible \ for \ full \ cost \ of \ full \ cost \ of \ full \$ the discounted services. Aetna may receive a percentage of the fee you pay to the discount vendor. Information is believed to be accurate as of this production date, however, it is subject to change.

18.25.323.1 C (11/12)

©2012 Aetna Inc.

Aetna Medicare 31